

Needle-sharing and drug-sharing

In this exercises, the risks of sharing drugs, needles, syringes and paraphernalia are tackled. Different techniques of sharing drugs – hazardous or non-hazardous ones are examined.

Objective:

1. Recording the various sharing practices applied.
2. Identifying the risk involved in drug sharing.
3. Pointing out alternative models of sharing drugs.
4. Making needle sharing into a taboo and pointing out alternative ways of consuming drugs in a less hazardous manner.

Duration: 45 to 60 minutes

No.of participants: Minimum 4, maximum 20

Material needed: Flipchart, markers, injecting equipment and soluble, heroin-like powder, e.g. sugar.

In injecting equipment is not available or allowed you should use materials than can replace the equipment (a pen for a syringe, etc.).

Exercise outline:

The most important element of this exercises is a demonstration of the various distribution techniques:

- The participants are given the task of demonstrating distribution techniques in which typical material is used (syringe, needle, imitation heroin).
- They are asked to name the risks involved
- The participants are asked to develop and demonstrate alternative techniques.

