

“Dirty words”

Source: Stover, H., Trautmann, F. (2001). *Risk reduction for drug users in prisons*. Trimbos Institute, The Netherlands.

Objectives:

1. Participants discuss sex in order to make them more comfortable with the subject.
2. Making clear that different language is used with different people.

Duration : 15 to 30 minutes

No. of participants: Minimum 4, maximum 20

Material needed: Pens, paper, flipchart

Exercise outline:

- Give every participant pen and paper and ask to write down as many words possible for the male genitals; medical words, dirty words, pet names etc. for 5 minutes.
- Ask participants to name the different words and write down the results on the flipchart. The one who came up with the most words is the winner.
- Repeat this procedure, but now with words for the female genitals.
- Discuss the results along with a question about which words can be used for different categories of people: parents, your children, partner, peers.

