

## Health risks for staff

### Objectives:

1. Identifying health risks for staff members
2. Raise risk awareness for communicable diseases
3. Discussing prevention measures

**Duration:** 60 - 80 minutes

**No. of participants:** Minimum 4, maximum 20

**Material needed:** flipchart, pens

### Exercise outline:

- Ask participants to recall situations in their everyday routine when they thought they were 'at risk'
  - Note these reports of situation (e.g. cell/body/visitors search)
  - Try to cluster these reports
  - Let the participants identify the risks of communicable diseases: which ones constituted serious risk, which ones probable risk, which ones no risk?
  - Ask participants about their knowledge of and experience with vaccination (e.g. Hep. A+B)
  - Are the participants aware of post-exposure-prophylaxis?
  - Do they know what to do immediately after a needle stick injury? Give information.
- Collect all the answers and risk situations and make an assessment of what is needed in future in terms of training, provision of technical means of prevention, in-depth discussions with unions, prison doctor and governor.

