

Work-sharing

This exercise also focuses on health risks that may arise from paraphernalia (see chapter 4 in course “Harm reduction in prison”) needed for drug injection that is commonly shared among drug users, i.e. materials like filters, water, spoons, swabs.

Objectives:

1. identification of drug consumption paraphernalia as potential carriers of infection
2. use of clean equipment to protect the user’s tissue and blood-vessels.

Duration : 45 - 60 minutes

No.of participants: Minimum 4, maximum 15,

Material needed: Flipchart, felt pen, injecting equipment including all possible paraphernalia and a soluble, heroin-like powder, e.g. sugar.

If injecting equipment is not available or allowed begin with summing up paraphernalia.

Exercise outline:

- Show or request that participants name possible injecting paraphernalia
- Collect all items named on the flipchart
- Ask individual participants to demonstrate or describe the use of certain paraphernalia. The other participants are asked to comment on this, identify possible “mistakes” and risks they have witnessed. Correct statements where necessary.

Remarks:

Use the information from chapter 4 in course “Harm reduction in prison”.

